



CRUM & FORSTER®

A FAIRFAX COMPANY

Three Points of Contact

The Basics of Entering & Exiting a Truck



Three Points of Contact:

Keep one foot and two hands, or two hands and one foot, in contact with the steps, door handles or handrails at all times.

Keep Your Hands Free:

Place tools, drink/food containers, paperwork, electronic devices etc., either on the floor board or seat before entering or exiting the vehicle.

Always Face the Vehicle:

Whether ascending or descending, it's important to always face the vehicle, so you can maintain balance and see what you are doing. Never jump or skip steps.